

Youth Life Cle 2025 Parent Orientation

YOUTH LIFE CLE

An Important Conversation That Matters to Save Our Lives

Suicide Ideation and attempts upon youth in Cuyahoga County has been on the rise. Let's do something about it together.

Myth: Talking about suicide increases the chance a person will act on it.

Fact: Talking about suicide may reduce, rather than increase, suicidal ideation. It improves mental health-related outcomes and the likelihood that the person would seek treatment. Opening this conversation helps people find an alternative view of their existing circumstances. If someone is in crisis or depressed, asking if he or she is thinking about suicide can help, so don't hesitate to start the conversation.



Denise Holcomb
Removing The Stigma
Founder/Executive Director
Conversation: Save Our Youth



Richanda Jackson-Birks
Adult QPR Instructor
How to have the conversation

The first 15 parents/guardians whose youth will be attending the 2025 Youth Life Cle Program to sign up and attend the orientation will receive a \$25.00 Visa Gift card. All participants will receive a 2-year QPR Gatekeeper Certificate.



**Where: Stella Walsh Recreation Center
7345 Broadway Avenue Cleveland, OH 44105**

When: Saturday, January 18, 2025

Time: Noon - 2:30PM

Refreshments will be served

